

Water of Life



*Newgrange¹ is a **prehistoric** megalithic structure in Ireland, built in the **Neolithic** period circa 3200 BCE. It is older than **Stonehenge** and the Egyptian pyramids. At its entrance is a stone enswirled with vortex-like spirals, that may suggest sacred energetic power.*

Natural Water

Water is a primal element of life and plays a crucial role in our health. Both our body and our planet are ~70 percent water. The water we drink is as important as the food we eat, but few of us are aware that conventionally processed water can be as damaging to our health as conventionally processed foods.

In nature water flows through natural processes that each effect the quality of the water, from the disinfecting ultraviolet rays of sunshine, percolation through filtering soil, aeration in waterfalls, swirling vortexes in streams and rivers, flowing over naturally magnetic stones within Earth's vast magnetic fields, the cooling darkness in deep waters, to the mineral-rich sea, finally evaporating into the electrically-charged atmosphere to begin anew. Eliminate any one of these natural cleansing processes and water lacks an essential aspect of its full potential to nourish life.

Dead Water

Not all water is the same. In urban landscapes water is contaminated with pollution and flows through straight pipes, causing it to lose its natural vitality and magnetic charge.

Conventional wastewater treatment focuses on physical, chemical and biological cleansing by removing particles, harmful microorganisms, pathogens, and contaminants to purify it for drinking. Conventional treatment filters out pollutants and uses carcinogenic chemicals such as chlorine to disinfect pathogens, then transports water through miles of straight pipes to your faucet.

¹ https://www.museumsandtheweb.com/mw2012/papers/voices_from_the_dawn_the_ancient_monuments_of_.html

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Biomimicry

As pure natural water becomes scarce, how can we restore water's natural life-giving properties? Water can be revitalized by flowing it through the same processes as nature - through waterfalls, bubbling flows over rocks, and even flowing through magnetic fields that realign water molecules back into natural clusters that have greater bio-availability. Water's energetic properties can be scientifically measured, just as we can measure magnetism and electric charges. Understanding that the processes in nature are subtle and complex, in a built environment we can begin to mimic nature by flowing water through a magnetic field and in a vortex.

How can water be revitalized without spending a fortune on expensive equipment? The first stage is to explore the fascinating properties to build a deeper understanding.

Structured Fourth Phase of Water

Cutting-edge scientific research today has discovered that in addition to cleansing the content of water, there are fields and molecular structures within water that need to be renewed for fully healthy water. The totality of natural processes create a molecular structure in pristine water that is naturally clustered into fluid hexagonal molecules, like honeycombs in a beehive. The structure of water affects its wetness - its absorbability by living creatures. This state of liquid, crystal hexagon clusters are considered a fourth phase of water.

Effect of Vortexing Water

Healthy water structure is created in natural water vortices and swirls in streams and rivers, in waterfalls and ripples, and develops in plants, fruits and vegetables. Scientists have discovered that if tap water is flowed through a vortex that mimics the swirling movements of water in natural settings, its structure is changed into H₃O₂ clusters. This 'structured' vortexed water is denser, has decreased viscosity and surface tension, and more dissolved oxygen. It develops a negative charge becoming more ionized that enables it to be *absorbed more easily by our cells*². Structured water is like a water battery that carries and stores electricity, imparting greater energy and vitality when we drink it. It is 'wetter' - more easy to absorb. Vortexing has measurable effects on the quality of water.

1. Oxygenation

Oxygen from the air is usually present in water, either dissolved or in bubbles. Flowing out of a vortex, the large air-water interface increases as the water dissolves bubbles or oxygen from the air into the water at the molecular scale. The dissolved oxygen content is increased in vortexed water. The vortex increases the surface area of the water that is exposed to air.

2. Viscosity and Surface Tension

Vortexing water decreases viscosity and surface tension, so that water better penetrates cell walls, allowing improved hydration and bioavailability.

3. Ionization

The water flowing out of a vortex temporarily has a negative charge, is slightly more ionized.

² Soil fertility is understood as the cation anion exchange capacity. so too water's hydration capacity, its wetness, can be measured in its electric charge and molecular structure.

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Tonsingen

When **Viktor Schauberger** was a forest warden, there was an old farmer who he liked to visit . This peasant's farming methods achieved extraordinary results, far surpassing his neighbors. One dusk Viktor came by, he found the farmer standing by a large wooden barrel singing a a rising and descending scale- song into it while stirring it deeply with a large wooden paddle. As the tones rose from a deep base to high notes, the old farmer stirred in a counter-clockwise direction. As his tone changed, descending through the full range of his voice, he reversed the direction of the stirring. From time time he took a handful of clay, crumbled it and threw it into the water as he continued stirring and singing for over an hour.

Victor came closer to have a better look at the contents of the barrel. It was water. The farmer noticed him, smiled and continued stirring and singing. After about an hour, after the sun had set, he took out the paddle and said, 'There. Now it can ferment.'

Over a glass of cider in the farmhouse, the farmer explained. He learned the practice from his grandfather, who himself had received it as an inheritance from the distant past. The next morning, after harrowing the field with wooden (not iron) teeth, the charged water was sprinkled over the soil with leafy branches like a blessing.

Afterwards, when it was spread over the land the next morning, the water evaporated leaving a matrix that enabled the soil to stay cool, moist and fruitful even in hot times of year. It allowed the earth's skin to breath, to absorb rainwater and to draw in trace elements from the surface.

The energies generated in this way are the combination of two phenomena.

1. The energies derived from the biodynamic practice of forming and reforming vortices are essentially the same as those created by alternating vortices in natural flowing rivers.
2. Chanting into vortexing water may encapsulated the harmonies as formative energies into the water's memory which is transferred to the plants at dawn the next day before the resonant harmonics in the water dissipate.

Counter-clockwise stirring to a rising motif. Clockwise stirring to a chant of descending tones.

See: 'Living Water - Victor Schauberger and the Secrets of Natural Energy'